

My Journey in Music

A 'Music in Care' project for young people including those living with Asperger's and autism



The charity **musicworks** through their 'Music in Care' programmes, have been working with an amazing young man, **Luke Fiddes**, who lives with Asperger's. Despite the daily challenges he faces because of this condition, Luke regards it as a great asset and something that has made him a better person.

He has taught himself to play a series of instruments and learnt from a young age the power of music to help to shape his day and to bring him "calm and control". In his role as a classroom assistant he uses his passion for music to enrich the learning process of young people.

Luke, **musicworks** and JoCo Learning & Development have collaborated on the 'Journey' project to create 'My Journey in Music', a toolkit for young people, including those with Asperger's and autism. The toolkit is designed to help young people navigate the challenges of transitioning into adolescence using personalised music.

As part of this project, Luke has composed a song which will be available to download with part of the proceeds going to the charity's 'Journey' project.

Join us to meet Luke, watch his live performance of his songs and hear him speak about how **musicworks** is supporting him to raise the profile of music as a powerful tool in the home and school lives of young people including those with Asperger's and autism. You'll also find out more about the charity **musicworks**.

8th September 2016 - 7pm
Poppy & Pint

Pierrepont Road, West Bridgford, NG2 5DX
(upstairs function room)



To book a FREE place please register online at
www.musicworksnet.co.uk/shop, call **07955 016377**
or email **info@musicworksnet.co.uk**

"My Journey in Music" is a project designed and written by Luke Fiddes, JoCo Learning & Development and the charity **musicworks** (Registered Charity Number: 1119679)